

Katonah-Lewisboro School District Walking the Talk on Nutrition

Katonah-Lewisboro School District (KLSD) in Katonah, New York, strives to ensure students' passion for learning through collaboration with students, parents, and the community. One vital objective of the KLSD community and its nutrition committee is to provide the most nutritious food offerings possible and create an environment that promotes healthy living. From student wellbeing to sustainability of the earth, the nutrition committee works toward making a positive impact in every way possible. A partnership with ARAMARK helped KLSD elevate its food service program to achieve its goals.



Katonah-Lewisboro School District

Location: Katonah, NY
Enrollment: 4,100
Number of Schools: 6

Partners Since: December 2002
Services: Food and Nutrition Services



How ARAMARK Helps Katonah Flourish

To guarantee Katonah's needs and standards are met, ARAMARK works hand in hand with the district and its nutrition committee on a variety of menu applications that appeal to student tastes.

Meal Participation Growth

- Implemented exciting proprietary dining environments and menus to serve age-specific needs and increase meal participation
 - Implemented the U.B.U. Lounge™ to fuel high school students in a comfortable, engaged setting
 - Launched the 12 Spot™ to accommodate middle school students' preferences
 - Opened the One World Cafe™ to offer more menu variety and excitement to elementary students
- Continuously update the recipe library to keep menus fresh

Employee and Community Wellbeing

- Employees trained on menu and recipe preparation by an onsite chef
- Provide continual education to employees on new programs and processes
- Honor employees with recognition programs
- Created community and parent newsletter to stay connected and highlight new initiatives in the food service program

Nutrition and Wellness

- Prepare all meals from scratch
- Removed all deep fryers
- Eliminated all products with trans fat and high-fructose corn syrup
- Introduced hormone- and antibiotic-free low-fat unflavored milk
- Replaced canned fruits and vegetables with fresh, often locally sourced, offerings
- Replaced white bread with whole-wheat and whole-grain bread products
- Changed to high-protein pasta
- Upgraded salad bars in all schools to offer a wider variety
- Provide 100% juice beverages

“ARAMARK works with us to provide a viable, quality food program with healthy choices and exciting dining environments that promote student achievement.”

- Kevin Sheldon, Superintendent of Business
Katonah School District



District Results

With a sound partnership intact, the results can be boundless. “We couldn’t be happier with ARAMARK’s partnership. Both parties are committed to working together to meet the district’s objectives,” said Kevin Sheldon, superintendent of business.

- Elevated menu choices to provide healthier, more nutritious offerings
- Updated kitchen equipment, enabling scratch cooking for more fresh choices and more efficient food preparation and production
- Hosted a local farmers’ market on the high school campus as part of the onsite school farm
- Achieved program success with a more trained, developed, and motivated food service staff
- Educated the district and community regarding nutrition awareness and the food service program initiatives, to promote student wellbeing